

Kim Kardashian has a new favourite anti-ageing facial - and you can try it for £120

A-listers like Kim Kardashian and J-Lo are raving about the needle-free CACI Synergy facial toning treatment



Kim has flawless skin (Image: Getty)

Anything [Kim Kardashian](#) puts on her skin is guaranteed to cause a stir in the beauty world. It's no wonder, since the 37 year old is seemingly defying age with the wrinkle-free complexion of a teenager.

The reality star took to her Instagram earlier this month to share some insight into her packed skincare routine, and she raved about one treatment in particular: the CACI Synergy facial toning treatment, from £120 for 90 minutes.

It's not new - in fact, it's been around for years. Back in 2013 it was said that J-Lo had purchased her very own CACI salon system (costing from £12.5k!) so that she could get her anti-ageing fix without even needing to head to a salon.



Jennifer Lopez is known for her flawless skin (Image: Splash News)

What does it do to warrant such celeb attention, you ask? Well, this facial works using microcurrents and LED light, not needles, to give skin a firming and lifting boost.

The prongs you can see on Kim's face emit a gentle electrical current as they sweep over the neck and complexion, prompting an instant de-puffing, tightening and lifting effect, while the LED light works to stimulate longer-term collagen production.

Kim captioned the video: "Firming & Tightening @Traciemartyn". She tagged in her facialist, Tracie Martyn, who's been known to work her magic on other famous faces like Kate Winslet and Madonna.

HELLO!

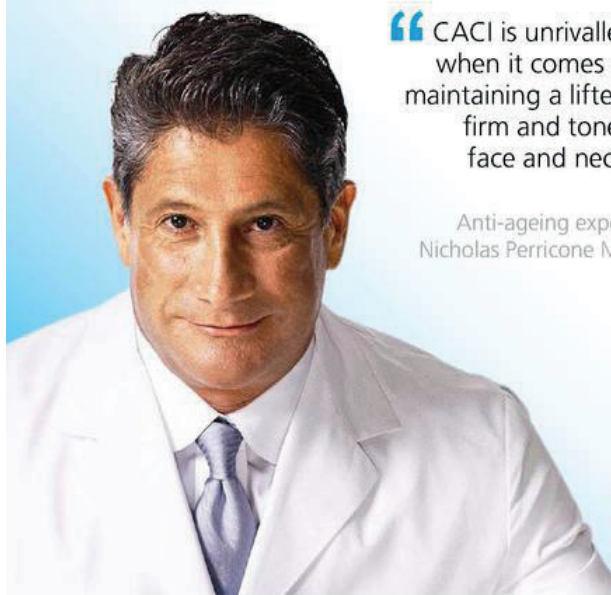


The facial that Kim Kardashian and Kate Garraway have to stay looking young

Microcurrent facials are a celebrity favourite beauty secret

MARCH 09, 2018 - 15:53 GMT [LAURA SUTCLIFFE](#)

The Expert's Opinion



“ CACI is unrivalled when it comes to maintaining a lifted, firm and toned face and neck. ”

Anti-ageing expert
Nicholas Perricone MD

The Celebrities' Choice

“ The CACI Ultra is amazing. ”

Jennifer Lopez,
Actress & Singer



“ I'm a big fan of CACI facials, I even have their portable Microlift machine at home. ”

Linda Evangelista,
Supermodel



What Our Salons Say

“ Our guest's response has been overwhelming with the results they have received with the CACI Technology. It has also provided significant revenue growth and created yet another avenue to help grow our business. ”

Spa Director - Four Seasons Resorts & Hotels

“ CACI is trusted by both clients and therapists alike because it really delivers results. As we continue to grow we will continue to partner with CACI as we feel supported, the product and machines are evolving and improving and the training is second to none. ”

Retail Director - Champneys Spas & Resorts

“ CACI is a great machine and very unique in Bahrain. Our clients are just loving their CACI treatments. ”

Rimal Spa - Mövenpick Hotel, Bahrain

“ My top beauty tip is a facial treatment called CACI. Once you've had a few sessions you look like you've had a facelift. ”

Michelle Collins,
Actress



“ CACI has really made a difference to my skin. ”

Sadie Frost,
Actress & Designer



“ CACI has been around for a long time and it definitely helps to tone your skin. ”

Anthea Turner,
TV Personality



How to get a Hollywood glow: Jennifer Aniston's 'miracle working' skincare guru shares her secrets (and reveals why you should ALWAYS wash your face at night)

She has been described by Jennifer Aniston as a 'miracle worker' and counts dozens of Hollywood's most glamorous leading ladies among her list of devotees.

Now skincare expert Mila Moursi, 66, has revealed how anyone can achieve a glowing complexion worthy of an A-list star.

The beauty guru, whose clients include Courtney Cox, Chelsea Handler and Vanessa Williams, started her career in Paris more than 30 years ago and now has her own spa on Sunset Boulevard, Los Angeles.

A champion of a 'natural, healthy' look, Mila believes simple lifestyle changes can help improve your skin 'from the inside out'.

Here, she reveals her beauty secrets in an exclusive interview with FEMAIL...

Get facials

Mila said that, budget permitting, everyone should try and book in for a monthly or bi-monthly facial and recommends one that offers a deep pore cleanse.

She said: 'The addition of the CACI microcurrent treatment for firmness and fighting fine lines - it really can have a lasting impact on skin firmness, tone and overall health.

'With my schedule being as it is, I can overlook this, and when I do get back in sync with the treatments I truly see how much the lasting impact is on the texture and overall bright condition of the skin.'



The secret 'non-surgical facelift' facial that has Kim Kardashian, Sadie Frost, and Jennifer Lopez addicted (and it can cost as little as £80)

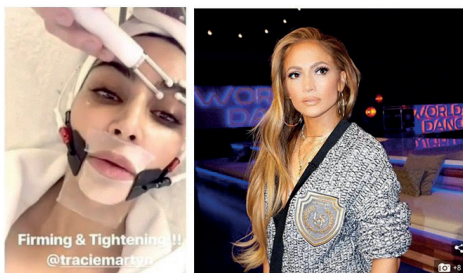
- Kim Kardashian shared a snap as she got the 'non-surgical face lift' on Sunday
- Caci facial is red carpet secret and often replaces fillers and Botox
- Uses electric currents to stimulate collagen production and is A list favourite
- Femail spoke to Dean Nathanson - MD & Founder CACI International

By JESSICA RACH FOR MAILONLINE

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A facial that gives the anti-ageing effect of procedures such as Botox is so effective it's now replacing jabs and fillers among A-listers.

Nicknamed the 'non-surgical facelift', the CACI Facial treatment is a favourite among celebrities including **Kim Kardashian** and **Jennifer Lopez** who even purchased a home machine for a rumoured \$24,000 (£20k) in 2015 as she loves the effects so much.



And last year English actress, designer and producer Sadie Frost revealed it's her age-defying beauty secret for looking fabulous at 50.

The pain-free facial uses simultaneous LED light therapy combined with a micro-current to stimulate collagen production for an anti-ageing effect - at a fraction of the price of more invasive treatments.

One 45 minute session of the 'Purifying Facial Treatment' is £80, while a surgical Facelift could set you back as much as £10,000, and Botox and fillers start at around £250 per area.

Femail spoke to Dean Nathanson - MD & Founder CACI International to find out how the facials work.

How do CACI Facials work?

The clinically proven facial treatment has been around for 25 years and is a muscle lifting procedure that uses microcurrent technology to send out tiny electrical impulses helping to tone and soften facial expressions.

It incorporates a number of other pioneering technologies to stimulate collagen production:

1. Orbital Skin Resurfacing that delivers a controlled skin exfoliation to reveal healthy radiant skin.
2. Ultrasonic Deep Cleansing that rids the skin of make-up residue, blemishes and impurities.
3. CACI's Wrinkle Comb targets deep lines and wrinkles to provide a non-invasive alternative to dermal fillers.

The facials are infused with hyaluronic acid, collagen and rose water to provide skin with an extra boost of hydration for a plumper effect.



What sets CACI aside from other facials?

While most facials are done by hand and work to maintain a healthy visage, this facial is aided by an electric contraption which works to improve the skin texture.

The microcurrent facials are widely considered the most cost effective alternative to fillers, and are said to be perfect for ridding your skin of fine lines and wrinkles with immediate results that last for weeks.

Synergy is the latest version of this technology that promises to deliver simultaneous microcurrent and high brilliance LED stimulation that tones the facial muscles at the same time as rejuvenating the skin.

The results are said to be dramatic, leaving the face with the most natural lift whilst rejuvenating the skin and boosting collagen production.

Hollywood skin care expert Lena Bratschi on her celebrity clientele

Lena's celebrity clientele include Jason Bateman, Amanda Anka, Ashley Graham, Julianne Hough, Derek Hough and Nicola Peltz.

Speaking to Femail, Lena revealed the facials have a long-standing celebrity following and they are described as the 'red carpet beauty secret', with many now using it in place of fillers and Botox.

'Botox and fillers are still popular and have their place, there's a definite shift away from 'that look' to a more natural and healthy aesthetic,' she said.

'Treatments like the CACI Eye Revive and Jowl Lift uses microcurrent to lift and tone the facial muscles and are tools that fit in perfectly.

'I'm fortunate in that I see my clients year round and nearly all of them are on ongoing treatment courses so for the big events like the Golden Globes or the Oscars I know exactly what they need.'

Lena ensures she is on constant call during the awards season from January to March, revealing she treated one Oscar-nominated actor the night before the ceremony.

'I really try to partner with my clients so what I have them do at home accentuates what I do for them in the treatment room but for the Oscars, I usually see them in the immediate days before and in some cases again the day of the event itself - they literally go straight from me to hair and makeup for the red carpet,' she said.

'My go-to in those situations is the CACI Eye revive roller technology that uses anti-ageing serum filled CACI microcurrent rollers together with a deeply nourishing Hydro Eye Mask to lift hooded eye lids, reduce puffiness and dark circles and soften the appearance of fine lines and wrinkles around the delicate eye area. It gives the whole eye area a boost and that fresh look, even though they're on the final straight of a gruelling awards season.

'My final facial of last year's awards season was 10pm night before the Oscars, on an Actor nominated for Best Actor. It's an incredible blessing to come from a tiny village in Switzerland and treat the pinnacle of the acting world right before their biggest event - definitely a 'pinch me' moment,' she added.

Jennifer Aniston's facialist Mila Moursi gives her top skincare tips

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Hollywood facialist Mila Moursi is known for tending to the skin of some of the biggest stars in the world, including Jennifer Aniston - who once dubbed Mila a 'skincare miracle worker' - Sandra Bullock and Courteney Cox.

So we were delighted to chat to the aesthetician about exactly how she looks after her skin, including her golden skincare rules, best diet advice for a healthy complexion and the lowdown on the worst mistake you can make for your skin...

I believe in the importance of spa treatments for the skin...

Budget permitting, if you can do monthly or bi-monthly facials, such as a deep pore cleansing facial with the addition of the CACI microcurrent treatment for firmness and fighting fine lines, it really can have a lasting impact on skin firmness, tone and overall health.

With my schedule being as busy it is, I sometimes overlook this, and when I do get back in sync with the treatments I truly see how much the lasting impact is on the texture and overall bright condition of the skin.